



**NORTHERN ATHLETICS START FITNESS  
CROSS COUNTRY CHAMPIONSHIPS**

*(Under UKA Rules)  
UK Permit No. 1112091*

**Saturday 28th January 2012  
Pontefract Park, Wakefield**

**Club Entry and transport (coach) will be provided by the Club  
To be included follow [link](#) and add name to event listed  
Names are required by Mon 2<sup>nd</sup> Jan**

### **Schedule**

#### **CHAMPIONSHIP EVENTS**

<b>Under 13 Girls Championship</b>	Competitors 11 years on the day of competition & 12 years on 31 <sup>st</sup> August/1 <sup>st</sup> September 2011
<b>Under 13 Boys Championship</b>	Competitors 11 years on the day of competition & 12 years on 31 <sup>st</sup> August / 1 <sup>st</sup> September 2011
<b>Under 15 Girls Championship</b>	Competitors 13 & 14 years on 31 <sup>st</sup> August / 1 <sup>st</sup> September 2011
<b>Under 15 Boys Championship</b>	Competitors 13 & 14 years on 31 <sup>st</sup> August / 1 <sup>st</sup> September 2011
<b>Under 17 Womens Championship</b>	Competitors 15 & 16 years on 31 <sup>st</sup> August / 1 <sup>st</sup> September 2011
<b>Under 17 Mens Championship</b>	Competitors 15 & 16 years on 31 <sup>st</sup> August/1 <sup>st</sup> September 2011
<b>Junior Womens Championship</b>	Competitors 17, 18 & 19 years on 31 <sup>st</sup> August / 1 <sup>st</sup> September 2011
<b>Junior Mens Championship</b>	Competitors 17, 18 & 19 years on 31 <sup>st</sup> August / 1 <sup>st</sup> September 2011
<b>Senior Womens Championship</b>	Competitors 20 years and over on 31 <sup>st</sup> August / 1 <sup>st</sup> September 2011
<b>Senior Mens Championship</b>	Competitors 20 years and over on 31 <sup>st</sup> August / 1 <sup>st</sup> September 2011

**Exact timetable & race distances will be published at a later date**