

# Beverley 10k & Fun Run – Sun 13<sup>th</sup> May

## Guidelines for Members

### Please help to promote the Race

**Information Leaflet** – Should you use a gym or sports centre, attend races (other than local ones which will be covered) please take leaflets so they can be put on display for others.

**Contact** - Andy Tate, Jed or Brian who hold supplies.

### Marshals and Helpers

**All** Club members are expected to assist. Year on year due to constraints imposed by uka, local authorities, the police, volume of traffic and safety considerations the number of personnel required to support this event increases.

Without **full commitment** from club members it would not be possible to stage the race. Similar circumstances apply to the majority of “Club” organised events every weekend up and down country.

So do your bit, and then with a clear conscience race the remaining 51 Sundays!!!

Those selected to run (see below) will be allocated a task either before/after or they can nominate a reliable and responsible friend or relative to carry out a task.

**Note: For organisational and legal reasons the majority of positions must be filled by Club members.**

### Entering the Race

A limited number of places are reserved for Club members who will be selected as follows:-

- Those chosen to make up the Club's representative Team and Vet categories
- Club members who have never run in the race and have contributed to the event over a number of years. (A way of recognising and rewarding Club stalwarts )
- Recent club members (1 year or less) who have never run in the race. (Local runners often join the club, having a goal to run in the race)

**To be selected a member must have volunteered (names will be requested mid March) their services indicating a wish to run.**

**Do not enter the race in the normal way** - selected Club members will be contacted.

**Those not selected will be given priority in future years.**

### The Good News is.....

The Walkington 10k (Fri 6<sup>th</sup> July) is a much lower key event and the majority of Club members are able to run.